



## THINGS TO PREPARE

For your work in Acting for Digital Media you will be required to have access to the following texts and have read the required chapters prior to the commencement of classes. These are available in the library, although copies are limited and students find it useful to be able to annotate texts, so we recommend that you purchase your own copies:

## ESSENTIAL READING

- **The Moving Body** by Jacques Lecoq, published by Bloomsbury. Please read the first 3 chapters, a digital version is available online through the University of Essex Library website.
- **Performing for Motion Capture: A Guide for Practitioners** by John Dower and Pascal Langdale, published by Bloomsbury. Please read the first 4 chapters.
- **Secrets of Screen Acting** by Patrick Tucker and John Stamp, published by Routledge. Please read the first 3 chapters, a digital version is available online through the University of Essex Library website.
- **The Art of Voice Acting: The Craft and Business of Performing Voiceover** by James R. Alburger, published by Focal Press. Please read the first 3 chapters, a digital version is available online through the University of Essex Library website.

## RECOMMENDED READING

The following list of additional texts are recommended to supplement and support your learning during your training at East 15 and throughout the rest of your career in the Performing Arts Industry. Please note: *These texts do not need to be read before classes commence* and it is advised that you read them in your own time.

- Bialy, S and Cranston, B. **How to audition on camera: a Hollywood insider's guide for actors** (2019) Thomaston, Me: Tilbury House Publishers.

- Stone, P.A. **Acting for the camera: back to one.** (2021). New York, Ny: Routledge.
- Kline, E.S. **A Trouble Shooting Manual for the Modern Film Actor: 150 common acting problems and their solutions.** (2020) U.S.: Eric Stephan Kline.
- Cardullo, B. **Playing to the Camera: film actors discuss their craft.** (1999) New Haven; London: Yale University Press.
- Churcher, M. **Acting for film: truth 24 times a second.** (2007) London, UK: Virgin Books.
- Springer, C. and Levinson, J.R. **Acting.** (2015) New Brunswick, New Jersey: Rutgers University Press.
- Blain Brown **The Basics of Filmmaking: Screenwriting, Producing, Directing, Cinematography, Audio & Editing.** (2020) London: Routledge.
- Nancy Bishop, **Auditioning for Film and Television: Secrets from a Casting Director** (2015) Publisher: Methuen Drama; 2nd edition
- Chris Agos, **The Voice Over Start-up Guide: How to Land Your First VO Job (Voice Over & Voice Acting Series Book 1)** (2019) published by Complete-Voiceover.com
- Elroy Powell, **Voice Over Secrets: 22 Successful Voice Actors & Voice Over Artists Share Their Best Experience-Based Tips,** (2021) Publisher: FAADA.
- Annie Tyson, **Successful Auditions: The Complete Guide** (2022) Crowood Press
- Brian Windsor and Midori Kitagawa, **MoCap for Artists: Workflow and Techniques for Motion Capture** (2008) Focal Press
- Matt Delbridge, **Motion Capture in Performance: An Introduction** (2015) Hardcover – Illustrated, Palgrave Pivot
- Annie Loui, **The Physical Actor,** (2018), Routledge
- Dick McCaw, **Training the Actor's Body: A Guide,** (2018) Bloomsbury Methuen Drama
- Dymphna Callery, **Through the Body,** (2015) Routledge
- Will Storr, **The Science of Storytelling: Why Stories Make Us Human, and How to Tell Them Better,** (2020) William Collins
- Carla Renata, **The Actor's Guide to Self-Marketing: How to Brand and Promote Your Unique Image,** (2019) Allworth; Illustrated edition (2019)
- Gillie Bolton and Russell Delderfield **Reflective Practice: Writing and Professional Development,** (2018) SAGE Publications Ltd; Fifth edition
- Jenson, J., & Treuer, P. **Defining the E-Portfolio: What It Is and Why It Matters,** (2014) Change: The Magazine of Higher Learning, 46:2, 50-57,
- Stella Cottrell, **50 Ways to Boost Your Employability,** (2019) Bloomsbury Press
- Mavridou-Messer, T. and Messer, J. **Vocal Warmups & Exercises for Actors, Speakers & Voice Artists.** (2020) London: 100% Publishing.
- Gates, L. **Voice for performance: training the actor's voice.** (2022). Lanham: Rowman & Littlefield.
- Nelson, J. **Voice exercise book - a guide to healthy and effective voice use.** (2017). Nick Hern Books.

## ADDITIONAL RESOURCES

---

The following additional resources may also be of interest in your preparation for this course and throughout your training.

- **I Know That Voice.** (2013). [Film Documentary].
- <https://www.intimacyforstageandscreen.com/> - Guidelines for stage and screen intimacy
- <https://www.actonthis.tv/> - Online Q&A's with industry professionals
- <https://www.youtube.com/watch?v=9V2I22qGxjQ> - 'Little Hope' Supermassive Games dev diary.
- <https://twitter.com/BristolOldVic/status/1054743281639350272> - *The making of 'The Grinning Man-VR'* by The Imaginarium Studios and Bristol Old Vic.
- <https://www.youtube.com/watch?v=whgeiuQRd4k> - *'Dream'* by the RSC and Marshmallow Laser Feast.

- <https://www.youtube.com/watch?v=4NU9ikqjC0> - *'Turning motion capture into realistic Apes for Dawn of the Planet of the Apes'*
- [https://www.e-education.psu.edu/styleforstudents/c7\\_p5.html](https://www.e-education.psu.edu/styleforstudents/c7_p5.html) - Online Portfolios
- <https://itconnect.uw.edu/learn/tools/catalyst-web-tools/e-portfolio/> UW E-Portfolio