

## **EQUIPMENT LIST**

The following list is intended to give you some guidance around how best to equip yourself to participate in a range of classes and activities. Costs listed below are indicative based on our research, however it is suggested that you shop around to find the most cost-effective option.

| For rehearsal |   | Approx. cost       |  |
|---------------|---|--------------------|--|
| 1.            | At least three black T-shirts or vests – no logos or coloured stitching                 | £8 (per item)      |  |
| 2.            | One black long sleeved top (for colder weather) – no logos or coloured stitching        | £10                |  |
| 3.            | 2-3 pairs of black tracksuit bottoms and/or leggings – no logos or coloured stitching   | £10-£15 (per item) |  |
| 4.            | One pair dark suit trousers (males and females) - not too tight so you can move in them | £25                |  |
| 5.            | A loose dark character skirt  | £30                |  |
| 6.            | Leather character shoes (males and females)   | £25                |  |
| 7.            | A pair of running shoes/trainers  | £30                |  |
| Notio         | onal total cost for rehearsal   | £159+              |  |

Clothing should not be too baggy so we can see the line of the body and trouser bottoms should not drag on the floor. Hair should be off the face. For safety reasons all jewellery and piercings must be removed and no make-up is to be worn for class.

| For general equipment and consumables |    | general equipment and consumables   | Approx. cost |
|---------------------------------------|----|---|--------------|
|                                       | 1. | Yoga mat (thin with grip)   | £15          |
|                                       | 2. | Basic stationery (glue, sellotape, scissors, writing pads, loose leaf files, felt tip pens, document display folder, A4 clear plastic sleeves etc.) | £15          |

| Notional total cost for general equipment and consumables |                                     | £36           |
|---|-------------------------------------|---------------|
| 3.  | Two A4 hard backed, lined workbooks | £3 (per item) |

| For expenditure related to your studies A |  |         |
|---|--|---------|
| 1.  | 1. We suggest you put some funds aside each year to pay for theatre trips<br>and small course-related expenses. It is expected as part of your training<br>that you watch and review at least one professional production each term;<br>this can include professional shows scheduled at the Clifftown Theatre in<br>Southend, or you could take advantage of the reduced rates for students at<br>both local and London based theatres. |         |
| 2.  | 2. Key texts   |         |
|   | We recommend that you purchase copies of the following texts:  |         |
|   | <ul> <li>The Moving Body by Jacques Lecoq - published by Methuen Drama<br/>£15.29</li> </ul>   |         |
|   | <ul> <li>Actions The Actors Thesaurus by Marina Caldarone and Maggie<br/>Lloyd-Williams - published by Nick Hern Books £9.99</li> </ul>  |         |
|   | These are available in the library, although copies are limited and students find it useful to be able to annotate texts.  |         |
| Notio                                     | nal total cost for expenditure related to your studies   | £145.28 |

We recommend to any student considering pursuing work within the industry that the following professional investments are considered. Indicative costs are subject to change and are listed in addition to published figures for 'additional course costs'. These costs become relevant at the end of year two of your course.

| For   | additional professional costs (for 3 <sup>rd</sup> year only) | Approx. cost    |
|---|---|-----------------|
| 1.  | Headshots   | £50 - £150      |
| 2.  | Equity Membership   | £24 (per year)  |
| 3.  | Spotlight Membership  | £114 (per year) |
| Notional total cost for additional professional costs |   | £300+           |